



 **The Academy**
Integrating Behavioral Health & Primary Care

Webinar- Charting the Future of Integrated Behavioral Health

Perspectives from the Field

August 6, 2025 | 3:30-5:00 PM EDT

 **Jürgen Unützer, MD, MPH, MA**
Chair and Professor, Psychiatry and
Behavioral Sciences, University of
Washington; Director, Garvey
Institute for Brain Health Solutions,
UW Medicine

 **Virna Little, PsyD, LCSWr**
Co-founder, Concert Health;
Chief Operating Officer,
Zero Overdose

 **Anne Roubal, PhD**
Host
Project Director,
The Academy

 **Garrett Moran, PhD**
Moderator
Principal Investigator,
The Academy

Mark Your Calendars for the 8/6 AHRQ Academy Webinar: Charting the Future of Integrated Behavioral Health

Join the AHRQ Academy and national behavioral health integration experts Dr. Jürgen Unützer and Dr. Virna Little on Wednesday, August 6, 3:30-5pm ET, for an engaging session on the future of integrated care. Dr. Unützer, Chair of Psychiatry and Behavioral Sciences at the University of Washington and Director of the Garvey Institute for Brain Health Solutions, will share insights from his decades of clinical, research, and policy leadership experience. Dr. Little, co-founder of Concert Health and co-founder and Chief Operating Officer of Zero Overdose, will

draw on lessons learned from implementing and scaling integrated care and suicide prevention efforts across diverse healthcare settings.

[Register Here](#)

What's New in Integration



The recording of the June 18 AHRQ Academy webinar, *From Bottlenecks to Breakthroughs: Innovations in Behavioral Health Integration*, is now available. Explore how digital tools can address workforce challenges and improve care with Dr. Kari A. Stephens, and get the latest clinical trial findings on collaborative care for co-occurring mental health and opioid use disorders from Dr. Anna Ratzliff. [Watch the 6/18 AHRQ Academy webinar recording >>](#)



In a new blog post from the Collaborative Family Healthcare Association (CFHA), AHRQ National Integration Academy Council member Dr. Stacy A. Ogbeide shares her insights on enhancing training and connection for behavioral health supervisors in primary care settings.

Dr. Ogbeide discusses findings from her latest publication in *The Clinical Teacher*, detailing a Community of Practices model used to provide professional development to behavioral health supervisors in primary care. [Read the CHFA blog post >>](#)



The Milbank Memorial Fund has conducted a review examining commercial sector primary care payment reforms, including interviews with 50 stakeholders across five pioneering states: Arkansas, Colorado, Delaware, Rhode Island, and Washington. The findings from this research offer valuable lessons for states embarking on similar work and are presented in a comprehensive report, along with an accompanying implementation playbook. [Access the Milbank payment reform materials >>](#)



The Milbank Memorial Fund's 2025 *Scorecard Report on the U.S. Primary Care System*, along with its accompanying data dashboard, reveals a critical decline in primary care financing, workforce, and infrastructure, identifying five key challenges that undermine its



effectiveness. [Access the Milbank scorecard report >>](#)

The National Academy for State Health Policy (NASHP) has released a new brief and interactive state tracker on *How States Leverage Medicaid Managed Care to Foster Behavioral Health Integration*. This resource, based on a scan of 43 states with Medicaid managed care organizations and/or behavioral health organizations, supports states in their efforts to implement multi-pronged integration strategies for comprehensive behavioral health needs. [Explore NASHP's latest brief and tracker >>](#)



A new report from the Bowman Family Foundation, Mental Health Treatment and Research Institute, and Shatterproof highlights how the key elements of the Collaborative Care Model (CoCM) in primary care can effectively reduce suicidal thoughts and attempts. The report examines three studies consistently demonstrating that CoCM implementation by various healthcare providers, including Concert Health, the University of Pennsylvania, and Kaiser

Permanente, can significantly reduce suicide risk. [Read the CoCM report >>](#)

Other AHRQ and HHS Highlights

- [AHRQ's Evidence-based Practice Center \(EPC\) Program Reviews Research Findings and Evidence Gaps in Youth Mental Health](#) - On May 22, AHRQ hosted a Grand Rounds webinar presentation on findings from three AHRQ EPC reports on child and adolescent mental health, ADHD Diagnosis and Treatment in Children and Adolescents, Diagnosis and Management of Obsessive Compulsive Disorders in Children, and Management of Suicidal Thoughts and Behaviors in Youth.
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Upcoming Events



[Virtual YSBIRT Overview Training](#)

- **Date:** Tues, July 22, 2025
- **Time:** 2-3pm EST
- **Host:** National Council for Mental Wellbeing



[AHRQ Academy: Charting the Future of Integrated Behavioral Health: Perspectives from the Field](#)

- **Date:** Wed, Aug 6, 2025
- **Time:** 3:30-5pm EST
- **Host:** AHRQ Academy

[Access the Full Calendar](#)

AHRQ Academy

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