



Are you struggling
with an emotional issue
and not sure how
to get help?

We're here for you.

Integrated Care combines care for your medical and emotional needs right here in our office.

You trust your doctor to provide you with the best care to meet your medical needs. We want you to know there's help for your emotional health here too. We can help if you are:

- Anxious, sad, or easily overwhelmed
- Struggling with relationships
- Irritable, angry, or stressed
- Having trouble in your job or in school
- Sleeping poorly
- Concerned about alcohol or drug use
- Frequently ill or in pain

Talk with your doctor or nurse about Integrated Care. They will work with you and other members in our office to develop the best care plan possible.

Please talk with us.

Imprint area for Practice name
box does not print