

## **The Integration Playbook Transcript**

### **AHRQ Academy Video**

The Integration Playbook is an online interactive guide to integrating behavioral health into primary and other ambulatory care settings brought to you by the Agency for Healthcare Research and Quality's Academy for Integrating Behavioral Health and Primary Care. The Playbook is intended for practices at all levels of integrating behavioral health into their setting.

To begin using the Playbook, you can complete the Self-Assessment Checklist. The Checklist will show where your organization stands with respect to eleven aspects of integration and help you identify areas of focus and priority. You can complete the Checklist online or download the printable pdf version for team use. Navigate the Playbook's content areas using Playbook Guidance based on your Self-Assessment results, or navigate linearly through the Playbook using the Next Button at the bottom of each page.

The content areas of Playbook have sections about defining your vision and making a game plan, and how to implement the plan, including sections on preparing the infrastructure, establishing protocols and clinical workflows, and tracking and monitoring patients.

All content pages of the Playbook contain a wide array of guidance related to that aspect of integration. For example, on the Develop a Shared Care Plan page, you can read background information about the topic. Then the Playbook provides a North Star goal that reflects

ideal practices of an integrated setting with respect to that aspect of integration. The next section consists of specific How Do You Do It steps for implementation. Each step can be expanded to reveal specific integration guidance, examples of how others are doing it, and resources related to that subtopic. Throughout the Playbook, What Not to Do bullets present pitfalls and obstacles to avoid while integrating behavioral health in your practice. The bottom of each content page lists related resources.

While all Playbook content is accessible without an account, users who register for a free account have access to additional features such as setting a bookmark, inserting notes, networking with an online Community, and saving Self-Assessment Results. Registered users can update Self-Assessment responses and track progress over time as integration strategies are implemented.

AHRQ's Integration Playbook will help practices more effectively address behavioral health conditions and ultimately achieve better patient health outcomes. Visit AHRQ's Integration Playbook at: [integrationacademy.ahrq.gov/playbook](https://integrationacademy.ahrq.gov/playbook).